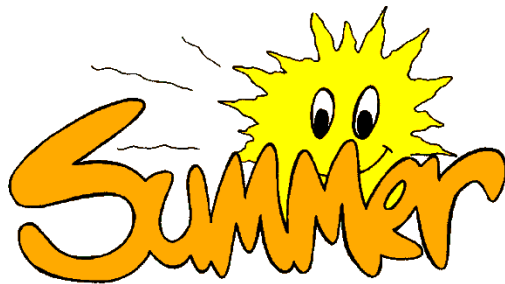


EURO STARS GYMNASTICS

HANDBOOK



CAMP



WE OFFER:

GYMNASTICS EVERY DAY!!! ARTS & CRAFTS,
CHEERLEADING, OUTDOOR/INDOOR ACTIVITIES,
WET & WILD DAY, FUN AT YMCA POOL,
RHYTMIC GYMNASTICS

www.eurostarsgymnastics.net

eurogym05@yahoo.com

If you have any questions please call Elena/Maria Harabagiu

Tel: 727 798 0861; 727 938 6858



The following pages describe our teaching process, rules, duties, safety, snacks & lunches, weekly calendar.

Introduction

Our goal is to provide a safe, structured, educational environment where your children can learn gymnastics skills that will carry them through life.

Our program is based on the developmental curriculum of the USA Gymnastics Program. Each Class is designed to meet the developmental needs of our young students. We start with basics in order to lay a good, solid foundation. All our programs strive to build self-confidence.

The children are offered encouragement through the learning process.

Gymnastics is the greatest, most complete physical education in the world.

Gym time offers a chance to play cooperative games, develop motor skills, flexibility, and gymnastics skills while using obstacle courses, trampoline, balance beam, parachute games etc.

Rules and Policies

Drop Off and Pick Up of Campers

Each child's parent or guardian will be asked to provide a list of Authorized adults who may pick up the child from the gym.

If anyone comes in to pick up the child and their name is not on the list, they will **NOT** be allowed to pick up the child.

How are Children Checked In and Out?

Every day an adult will sign for drop off and pick up.

A copy of the driver's license of all authorized persons is required and stapled with registration form.

An instructor from Euro Stars **MUST** witness the arrival and departure of every child.

Late Pick up fee Policy:

If the child will not be picked up in time, additional fee will apply.

Suggestions and Remainders

We ask the students to have an extra bag of clothes in case they are needed.

Please make sure they have proper shoes according with the activities scheduled for each day. Socks and sneakers for outdoor activities

For Swimming & Wet & Wild day, **Please** give them a bathing suit, sunscreen, a towel, water shoes. An extra set of dry clothes (underwear and socks).

NO ELECTRONICS GAMES. I-pods, Toys, MP3 players, Cell phones, etc. are not permitted.

Euro Stars Gym will not be responsible if an item is lost, misplaced or stolen.

Every child that attends Euro Stars Gymnastics Camp has to be **Potty trained.**

Snacks and Lunches

PLEASE give your child a lunch box, extra snacks, bottle of water.

Label all food and drinks. The children can also purchase snacks at the gym.

The campers will not have access to a refrigerator or microwave.

Attire

Girls: Leotard (without skirts) or one piece bathing suit. **NO** lose clothing, jewelry, or tights.

Long hair should be tied back.

Boys: T-shirt and elastic waist shorts.

No gum, candy or food in the class.

We allowed medical Alert bracelets/necklaces.

We recommend sneakers/tennis shoes for out side activities.

Lost and found

We'll have a lost and found area so please label you child belongings.