

EURO STARS GYMNASTICS

CAMP HANDBOOK



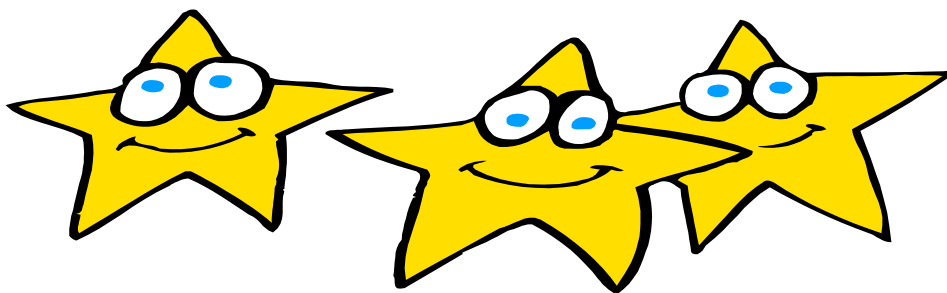
WE OFFER:

GYMNASTICS EVERY DAY!!!

**ARTS & CRAFTS, OUTDOOR/INDOOR ACTIVITIES,
RHYTHMIC GYMNASTICS, OBSTACLE COURSES, GAMES.**

www.eurostarsgymnastics.net; eurogym05@yahoo.com

**If you have any questions or for more information
please call/text Maria/Elena
727 798 0861; 727 686 5251**



The following pages describe our teaching process, rules, duties, safety, snacks & lunches, weekly calendar, suggestions and remainders.

Introduction

Our goal is to provide a safe, structured, educational environment where your children can learn gymnastics skills that will carry them through life.

Our program is based on the developmental curriculum of the USA Gymnastics Program. Each Class is designed to meet the developmental needs of our young students. We start with basics in order to lay a good, solid foundation. All our programs strive to build self-confidence.

The children are offered encouragement through the learning process.

Gymnastics is the greatest, most complete physical education in the world.

Gym time offers a chance to play cooperative games, develop motor skills, flexibility, and gymnastics skills while using apparatus, obstacle courses, trampoline, balance beam, parachute games, etc.

Euro Stars Rules:

- 1. Stop, Look and Pay Attention.**
- 2. Ask Permission First.**
- 3. Stay With Your Group And Your Teacher.**
- 4. Don't Use The Equipment Without Instructor.**
- 5. Keep Your Hands And Feet To Yourself.**
- 6. Have FUN!!!**

Euro Stars CAMPERS

Drop Off and Pick Up of Campers

Each child's parent or guardian will be asked to provide a list of Authorized Adults who may pick up the child from the Gym.

If anyone comes in to pick up the child and their name is not on the list, they will **NOT** be allowed to pick up the child.

How are Children Checked In and Out?

Every day an adult will sign for drop off and pick up.

A copy of the driver's license of all authorized persons is required and stapled with registration form.

An instructor from Euro Stars **MUST** witness the arrival and departure of every child. If the child will not be picked on time, additional fee will apply. \$1/each min. late.

Suggestions and Reminders

We ask the students to have an extra bag of extra clothes in case they are needed.

Please make sure they have proper shoes according to the activities scheduled for each day. Socks and sneakers are needed for outdoor activities.

NO ELECTRONICS: Electronic games, I-Pods, toys, MP3 players, Cell phones, are NOT permitted. etc.

In order to attend our camp program every child has to be potty trained!

Snacks and Lunches

PLEASE Give your child a lunch box, extra snacks, and a bottle of water.

Label all food and drinks. The children can also purchase snacks at the gym.

The campers will not have access to a refrigerator or microwave.

Attire Girls: Leotard or one piece bathing suit, or T shirt and pants/tights.

NO loose clothing or jewelry. Long hair should be tied back.

Boys: T-shirt and elastic waist shorts.

Refunds and Changes

Refunds are available for emergencies only (severe illness, death in the family, etc.) and must be requested in writing accompanied by documentation.

Scheduling conflicts do not qualify as an emergency. Refunds or prorated rates are not given for days missed. A \$25 administration fee per registration applies to all changes and refund granted.

Cleaning Protocols

The health and safety of our campers and staff is our priority. Hand sanitizer is available.